



66th



The Robert H. Ivy Pennsylvania Plastic Surgery Society
ANNUAL SCIENTIFIC MEETING

VIRTUAL MEETING • NOVEMBER 7, 2020

Attendee Guide

Saturday, November 7, 2020
7:30 AM - 2:30 PM | Virtual

Important Links

Below is the link you will need for the RHIS 2020 Virtual Annual Scientific Meeting and the RHIS Annual Business Meeting

The meeting starts at 7:30 am. Please sign in early.

ACCESS THE MEETING HERE

Webinar ID: 849 9553 9764

Webinar Passcode: 994262

iPhone one-tap :

US: +13017158592,,84995539764#,,,,,0#,,994262# or
+13126266799,,84995539764#,,,,,0#,,994262#

Telephone:

Dial(for higher quality, dial a number based on your current location):
US: +1 301 715 8592 or +1 312 626 6799 or +1 646 876 9923 or +1 253 215 8782
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Access the RHIS 2020 Virtual Exhibit Gallery

Please Support Our Sponsors and Exhibitors

Schedule a meeting with any of our Exhibitors

Access the RHIS 2020 Video Abstract Recordings

Access the RHIS 2020 Poster Abstracts

Accreditation

FOR PHYSICIANS:

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education through the joint providership of the Pennsylvania Medical Society and the Robert H. Ivy Pennsylvania Plastic Surgery Society. The Pennsylvania Medical Society is accredited by the ACCME to provide continuing medical education for physicians.

The Pennsylvania Medical Society designates this live activity for a maximum of **6.0 AMA PRA Category 1 Credits™**. Physicians should only claim credit commensurate with the extent of their participation in the activity.

CME CREDIT

This year's Annual Meeting with *6.0 AMA PRA Category 1 Credits™* includes attending the live meeting for *4.75 AMA PRA Category 1 Credits™* and watching the remaining 17 abstract video recordings for *1.25 AMA PRA Category 1 Credits™*.

Only 10 of the abstract video recordings will be presented during the meeting this year. In order to qualify for the *1.25 AMA PRA Category 1 Credits™*, please watch the remaining 17 abstract video recordings, complete the CME Abstract Recording Review document, and then submit this document to the CME Department at cmeadmin@pamedsoc.org. These instructions also are provided on the RHIS abstract video recording website. A link to the RHIS abstract video recordings is listed below:

[Click Here to access the RHIS 2020 Video Abstract Recordings](#)

An email will be sent to you next week with instructions on how to obtain a CME certificate.

HOW CAN I BE A PART OF THE SOCIETY?

The Robert H. Ivy Pennsylvania Plastic Surgery Society is a professional Society of regularly licensed physicians in the practice of Plastic Surgery or actively enrolled as plastic surgery residents or specialty surgery fellows in a full-time approved residency program in Plastic Surgery in Pennsylvania, New Jersey, or Delaware fulfilling the requirements as provided in the Bylaws may be admitted to membership in this Society.

[Click Here for New Member Application](#)

PURPOSE AND TARGET AUDIENCE

Update Members, Plastic Surgeons, and non-MDs who have an interest in Plastic Surgery with the most current and up-to-date treatments and scientific information regarding the field. Expand knowledge and competence in managing patients seen in daily practice.

PROGRAM OUTCOMES

Keynote Lecture: Multimodal Analgesia in Plastic Surgery: Core Concepts

Incorporate MMA strategies into their plastic surgery practices (both reconstructive and cosmetic) to provide better results and positive health for their patients. Utilize education on proper diversion and disposal to curb the epidemic to provide patients with a higher quality of life.

President Speaker Panel: Contemporary Topics in Breast Surgery

Improve their knowledge and understanding and implement strategies of breast implant safety, appropriate patient selection and informed consent, and evolving techniques in breast surgery. Practice these updated procedures and techniques to provide improved health and quality of life for patients.

Speaker Panel: From Techies to Luddites: An Evaluation of Technology and Innovation in Plastic Surgery

Plastic Surgeons will understand and apply the new technologies in their practice providing improvements for their staff, practice, and patients. Use and apply key technology in plastic surgery and broad approaches to innovation allowing for improved patient outcomes.

Abstract Presentations and Discussion

Utilize the new information, strategies, and techniques discussed to achieve better patient and/or surgical results.

NOTICE OF DISCLAIMER

The information presented is that of the contributing faculty and does not necessarily represent the views of the Robert H. Ivy Pennsylvania Plastic Surgery Society, the CME accreditor, Pennsylvania Medical Society, and/or any named commercial entity providing financial support.

The Robert H. Ivy Pennsylvania Plastic Surgery Society makes every effort to ensure that speakers are knowledgeable authorities in their fields. Seminar attendees are nevertheless advised that the statements and opinions expressed by seminar speakers are those of the speakers, not that of the Robert H. Ivy Pennsylvania Plastic Surgery Society. The speakers' statements and/or opinions should not be construed as Robert H. Ivy Pennsylvania Plastic Surgery Society policy or recommendations, and Robert H. Ivy Pennsylvania Plastic Surgery Society disclaims any liability or responsibility for the consequences of any actions taken in reliance upon those statements or opinions.

CME Information

CME DISCLOSURE

Financial relationships reported by members of the Robert H. Ivy Pennsylvania Plastic Surgery Society Planning Committee are provided below. During all phases of planning for the Annual Meeting, areas of conflict were managed through a peer-review process and/or through individual recusal when appropriate.

The Planning Committee has reviewed all presenter disclosure reports, identified potential conflicts of interest, and implemented strategies to manage those areas of conflict, where they exist. and implemented strategies to manage those areas of conflict, where they exist.

Faculty and all others who have the ability to control the content of continuing medical education activities sponsored by Pennsylvania Medical Society are expected to disclose to the audience whether they do or do not have any real or apparent conflict(s) of interest or other relationships related to the content of their presentation(s).

Name	Company Nature of Relationship
Edwin Acevedo, MD	NONE
Erin Anstadt, MD	NONE
Rebecca Bickham, MD	NONE
Mikayla Borusiewicz, MD	NONE
Steven Capece, MD	NONE
Priya Chhikara, MD	NONE
Ian Chow, MD	NONE
Lucas A. Dvoracek, MD	NONE
Jennifer Hall, BS	NONE
Patrick Charles Hancock, MD	NONE
Andrea Rae Hiller, MD	NONE
Raeesa Islam, BS	NONE
Isaac James, MD	NONE
Ashley Jordan, MD	NONE
Murad Karadsheh, MD	NONE
Jacob Katsnelson, MD	NONE
Shawn Loder, MD	NONE
Fady Paul Marji, MD	NONE
Martin Morris, MD	NONE

Name	Company Nature of Relationship
Joanna H. Ng-Glazier, MD	NONE
Sammy Othman, BA	NONE
Brodie Parent, MD	NONE
Angela Te-fang Prescott, MD	NONE
Arturo Rios-Diaz, MD	NONE
Joseph Robert Spaniol, MD	NONE
David M Turer, MD	NONE
Jeffrey E. Janis MD, FACS	Consultant for Allergan
Vu T. Nguyen, MD	NONE
John Potochny, MD	NONE
Stephen Kovach, MD, FACS	Integra Life Sciences-speaker Davol-Bard- speaker
Jesse Goldstein, MD, FAAP, FACS	NONE
Jordan Swanson, MD, MSc	NONE
Donald Mackay, DDS, MD, FRCS, FCS (SA), FACS, FAAP	NONE
Timothy Shane Johnson, MD	NONE
Emily Peterson, MD	NONE

Thank You to Our Faculty

Jeffrey Janis, MD, FACS

Professor of Plastic Surgery, Neurosurgery,
Neurology, and Surgery Chief of Plastic Surgery,
University Hospitals
President, Columbus Medical Association
Past President, American Society of Plastic Surgeons
Ohio State University Wexner Medical Center

Vu T. Nguyen, MD

Assistant Professor
Program Director, University of Pittsburgh
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John Potochny, MD

Associate Professor of Surgery
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Jordan Swanson, MD, MSc

Assistant Professor
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Stephen Kovach, MD, FACS

Herndon B. Lehr Endowed Associate Professor
of Plastic Surgery
Associate Professor of Surgery
Division of Plastic Surgery
Associate Professor of Orthopedic Surgery
University of Pennsylvania Health System

Jesse Goldstein, MD, FAAP, FACS

Program Director, Craniofacial Fellowship;
Associate Program Director, Plastic Surgery
Residency; Associate Professor University of
Pittsburgh School of Medicine University of Pittsburgh
Medical Center

Donald Mackay, DDS, MD, FRCS, FCS (SA), FACS, FAAP

Interim Chair Department of Surgery
William P Graham III Professor of Plastic Surgery
Penn State Hershey College of Medicine

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Executive Director

Michele Boylstein

Harrisburg, PA

Agenda

[ACCESS THE MEETING HERE](#)

7:30 AM	Welcome Remarks: T. Shane Johnson, MD & Emily Peterson, MD
7:30 AM – 8:25 AM	President Speaker Panel: Contemporary Topics in Breast Surgery Moderator: Vu T. Nguyen, MD Panel Members: Stephen Kovach, MD, FACS, and John Potochny, MD
8:25 AM – 8:40 AM	Q&A for Speaker Panel
8:40 AM – 9:10 AM	Five Abstract Presentations and Discussion
9:10 AM – 9:35 AM	Break/Visit with Exhibitors Visit with Exhibitors
9:35 AM – 9:45 AM	ABPS Update by ABPS Executive Director Keith Brandt, MD
9:45 AM – 10:40 AM	Speaker Panel: From Techies to Luddites: An Evaluation of Technology and Innovation in Plastic Surgery Moderator: Jesse Goldstein, MD, FAAP, FACS Panel Members: Donald Mackay, MD, and Jordan Swanson, MD
10:40 AM – 10:55 AM	Q&A for Speaker Panel
10:55 AM – 11:25 AM	Five Abstract Presentations and Discussion
11:25 AM – 11:50 AM	Break/Visit with Exhibitors Visit with Exhibitors
11:50 AM – 12:00 PM	ASPS Update by ASPS President Joseph Losee, MD
12:00 PM – 1:00 PM	Keynote Lecture: Multimodal Analgesia in Plastic Surgery: Core Concepts Jeffrey E. Janis, MD, FACS
1:00 PM– 1:20 PM	Q&A for Keynote Lecture
1:20 PM – 1:40 PM	Awards Winners, Resident Representative, Changing of the Gavel
1:40 PM - 2:15 PM	Annual Business Meeting (members only)

MEETING SUPPORT

Sponsor:

The Ivy Society wishes to thank and acknowledge the following organization for supporting the Society and the 2020 Annual Scientific Meeting:



Exhibitors:

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Video Abstract Presenters

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Group 1 - Breast

Arturo Rios-Diaz, MD	University of Pennsylvania; Drexel University College of Medicine	A Prospective Study Comparing Breast Sensation in Neurotized and Non-Neurotized Autologous Free Flap Reconstructions Using Electronic Pressure Sensory Gradients
Joseph Robert Spaniol, MD	Temple University Hospital	A Retrospective Review of 248 Patients Undergoing Total Capsulectomy and Removal of Breast Implants for Breast Implant Illness
Jacob Katsnelson, MD	Abington-Jefferson Health	Regional Pain Blocks and Pain Control in the Perioperative Setting Among Patients Undergoing Breast Implant Removal and Capsulectomy
Jennifer Hall, BS	Geisinger Commonwealth School of Medicine	Autologous Fat Grafting as Primary Breast Reconstruction After Mastectomy Effects on Longitudinal BMI
Andrea Rae Hiller, MD	Penn State Milton S. Hershey Medical Center	Preliminary Assessment of Post-Operative Outcomes with Pre-Pectoral Breast Reconstruction

Group 2 - Craniofacial/Head and Neck

Lucas A. Dvoracek, MD	University of Pittsburgh	Reconstruction of Calvarial Wounds Complicated by Infection: Effect of Varying Doses of Bone Morphogenetic Protein 2
Jacob Katsnelson, MD	Abington-Jefferson Health	Postoperative Complications Associated with Choice of Reconstruction in Head and Neck Cancer: An Outcome Analysis of 4,712 Patients from ACS-NSQIP Database
Mikayla Borusiewicz, MD	Penn State Hershey Medical Center	Post-Operative Opioid Use in Pediatric Cleft Lip and Palate Patients
Fady Paul Marji, MD	University of Pittsburgh Medical Center	Metopic Craniosynostosis Versus Benign Metopic Ridging: Diagnostic and Management Trends Over a 15 Year Period
Radeesa Islam, BS	University of Pittsburgh School of Medicine	Mandibular Measurements at the 20-Week Anat- omy Ultrasound as a Prenatal Predictor of the Severity of Respiratory and Surgical Interventions Associated with Pierre-Robin Sequence

Video Abstract Presenters

[Access Videos Here](#)

Group 3 - Trunk

Steven Capece, MD	Lehigh Valley Health Network	Utilization of Botulinum Toxin for Giant Omphalocele Abdominal Wall Reconstruction: A Case Report & Review of the Literature
Priya Chhikara, MD	Mercy Catholic Medical Center	Predictors of Infection with Erythema Following Mastectomy with Immediate Tissue Expander Reconstructions
Murad Karadsheh, MD	Einstein Healthcare Network, Department of Surgery	Early Postoperative Outcomes in Implant Pedicled, and Free Flap Reconstruction for Breast Cancer: An Analysis of 23,834 Patients From the ACS-NSQIP Datasets
Rebecca Bickham, MD	Penn State Hershey Medical Center	Neoadjuvant Imantinib For Locally Advanced Dermatofibrosarcoma Protuberans

Group 4 - Interesting Cases and Clinical Outcomes

Martin Morris, MD	Thomas Jefferson University	Factors Associated With and Change in Quality of Life Before and After Body Contouring Procedures
Shawn Loder, MD	University of Pittsburgh	Natural History of Pressure Ulcers in the Hospital: Who Benefits From Surgical Intervention?
Ashley Jordan, MD	Geisinger Medical Center	Incisional Negative Pressure Wound Therapy in Post-Bariatric Body Contouring: Does it Make a Difference or is it a Dressing That Just Sucks?

Video Abstract Presenters

[Access Videos Here](#)

Group 5 - Basic Science/Research

Ian Chow, MD	University of Pittsburgh	Optimizing Carpometacarpal Arthroplasty of the Thumb: A Prospective Clinical Trial Comparing Suture Suspension to Ligament Reconstruction and Tendon Interposition
Angela Te-fang Prescott, MD	University of Pittsburgh Medical Center	Epinephrine and the Acute Traumatic Hand in the Emergency Room
Brodie Parent, MD	University of Pittsburgh Plastic and Reconstructive Surgery	Pediatric Hand Trauma: A Cohort Study Comparing Operative to Non-operative Cases
Sammy Othman, BA	University of Pennsylvania, Division of Plastic Surgery	Salvage of Total Ankle Arthroplasty
David M. Turner, MD	UPMC	Intramuscular Nanofat Injection Prevents Muscle Atrophy and Enhances Contraction Strength After Sciatic Nerve Injury in a Rodent Model

Group 6 - Extremity

Joanna H. Ng-Glazier, MD	University of Pittsburgh	The Utility of a Formal Simulation Program and Ultrasound Course in Plastic Surgery Education - One Institution's Experience Over a Two-Year Period
Edwin Acevedo, MD	Temple University Hospital, General Surgery	Collagen VI Alpha-3 Expression is Higher in the Superficial Epigastric Adipose Tissue of Former Smokers Than in Non-Smokers
Patrick Charles Hancock, MD	Pennsylvania State University College of Medicine	A Novel Microsurgical Approach to Induce Angiogenesis
Isaac James, MD	University of Pittsburgh	Optimizing Fat Graft Processing: A Prospective, Controlled Clinical Trial Comparing Telfa Rolling Versus Centrifugation for Fat Grafting Craniofacial Deformities
Erin Anstadt, MD	University of Pittsburgh	Utilizing 3D Printed Models as Adjuncts in Medical Student Training: A Randomized Control Trial Comparing Traditional Didactic Lectures to Hands-on Methods in Craniosynostosis Education

Poster Presenters

[Access Posters Here](#)

Anisha Konanur, BS	University of Pittsburgh Department of Plastic Surgery	Analysis Of Labial Aesthetics Following Lefort I Maxillary Advancement In Cleft Patients Using Three Dimensional Imaging
Arturo Rios-Diaz, MD	Thomas Jefferson University	The Underappreciated Benefit Of Breast Reduction: Quality Of Life Improvement After Reduction Mammoplasty
Arturo Rios-Diaz, MD	Thomas Jefferson University	Evaluation Of Aesthetic Revisions After Autologous Breast Reconstruction: An Analysis Of 3,780 Free
Arturo Rios-Diaz, MD	Thomas Jefferson University	Mesh—A Four-Letter Word When Performing Abdominal Surgery In Prior Hernia Repair Patients?
Darren LePere, MD	Penn State Hershey	Cost-Analysis Of Routine Pathologic Specimens In Ganglion Cyst Excisions
David M Turer, MD	UPMC	Temperature-Controlled Monopolar Radiofrequency In The Treatment Of Submental Skin Laxity: A Prospective Study
Erin Anstadt, MD	University of Pittsburgh Medical Center	Salvage Of Speech With Secondary Tissue Augmenting Furlow Palatoplasty
Erin Anstadt, MD	University of Pittsburgh Medical Center	Teaching The Furlow Palatoplasty Technique To Medical Students: A Randomized, Controlled Trial Comparing Traditional Didactic Methods To A Low-Fidelity Model
Eva Roy, BS	University of Pittsburgh Medical Center	Split-Thickness Skin Graft Meshing: The True Mesh Ratio
Eva Roy, BS	University of Pittsburgh Medical Center	The Impact Of Autologous Versus Implant Based Breast Reconstruction On Bmi In Breast Cancer Patients
Fady Paul Marji, MD	University of Pittsburgh Medical Center	The Damage-Associated Molecular Pattern (Damp) Hmgb1 Limits The Progression Of Heterotopic Ossification In A Mouse Model
Fady Paul Marji, MD	University of Pittsburgh Medical Center	A Novel Frameshift Mutation In Kat6a Is Associated With Pancraniosynostosis
Jessica Cunning, MBA	University of Pennsylvania; Drexel University College of Medicine	“Protect The Pigment”: Alternative To Free Nipple Grafting In Women Of Color With Gigantomastia

Thank You for Joining Us!



For CME Information see page 3.