



THE ROBERT H. IVY PENNSYLVANIA PLASTIC SURGERY SOCIETY

# 69<sup>th</sup> ANNUAL SCIENTIFIC MEETING

APRIL 21-23, 2023 | UNION LEAGUE | PHILADELPHIA, PA

## 2023 Moving Forward

Historian Report

John Potochny, MD

### RHIS 2023 Meeting Highlights



Remembering Dr. Alma Dea Morani 1907-2001

President's Panel: Women in Medicine/ Surgery

Panel: Integrating Research Into Your Practice

Panel: Tips and Tricks

Keynote Address: Leadership and Mentoring Dr. L. Scott Levin

### Remembering Dr. Alma Dea Morani

The 69th Annual Scientific Meeting of the Robert H. Ivy Pennsylvania Plastic Surgery Society convened on April 22, 2023. RHIS President, Dr. Jesse Goldstein and Vice President, Dr. John Fischer welcomed members and guests during the opening remarks in the Grant room of the Union League, Philadelphia, and introduced the President's Panel-- Women in Medicine/Surgery in memory of Alma Dea Morani. As prelude to the Panel, Dr. John Potochny, Historian, recounted the lifetime achievements of Dr. Alma Dea Morani.



Dr. Morani's career in plastic surgery was influenced by her father, a sculptor, and her interest in basic first aid which she learned as a Girl Scout. Dr. Morani trained under Colonel James Barrett Brown in St. Louis and was considered the first American female plastic surgeon and the first female member of the American Society of Reconstructive Plastic Surgery. She was also a founder of the RHIS and considered by Robert H. Ivy to be the "Mother" of this society. She became a Professor of Surgery at her alma mater, the (Women's) Medical College of Pennsylvania where she later founded the Morani Art Gallery. In 2000 the Alma Dea Morani, MD Renaissance Women Award was created in her name to honor women physicians or scientists who made compelling contributions apart from medicine, as well as facilitating the practice and competency of medicine. The award is presented in the shape of a surgeon's hand to represent both Dr. Morani and her father's passion for sculpting.

### The President's Panel—Women in Medicine/Surgery



Dr. Kathleen O'Neill, Assistant Professor of Obstetrics & Gynecology, Division of Reproductive Endocrinology & Infertility and Surgical Director of Penn Uterus Transplant Program, discussed the origins of the Penn Uterus Transplant Program. Dr. O'Neill noted that the World Health Organization defined infertility as a disease in 1999, however it took more than seven more years before the American Medical Association made a similar statement. Infertility currently affects 10% of reproductive aged females and 1:6 couples. Dr. O'Neill discussed the triumphs and crises that defined her personal journey as a female physician scientist. She highlighted the 5 births at the University of Pennsylvania since beginning the Penn Uterus Transplant Program, and credited mentorship from Dr. L. Scott Levin, and his support to help launch the uterus transplant program at the University of Pennsylvania.

Dr. Oluwadamilola "Lola" Fayanju, The Helen O. Dickens Presidential Associate Professor, Chief, Division of Breast Surgery, Surgical Director, Rene Rowan Breast Center, Director, Health Equity Innovation, Penn Center for Cancer Car Innovation, Senior Fellow, Leonard Davis Institute of Health Economics of the University of Pennsylvania, spoke on "Frustration as Fuel"—Using patient Outcomes and Structural Challenges to Power Your Career. She discussed how broken systems, conundrums and patients who were failed, have fueled her commitment to address global health equity challenges.

Two oral abstract group presentations rounded out the morning session. A coffee break in the Meade Room with exhibitors followed.



**Integrating Research into your Practice—Insights from those Who Have Done It**



The second panel, featured Dr. Jonas Nelson, Dr. Anaeze Offodile II, and Dr. Jordan Swanson.

The panel was moderated by Dr. John Fischer. Dr. Nelson discussed his career path, earning a Masters of Public Health, research with Breast Q and BIA-ALCL. Dr. Offodile discussed Integrating Research into Clinical Care-Financial Toxicity & Post-mastectomy Reconstruction. He pointed out that currently 17.8% of Americans report medical debt. And, cancer is the second the most expensive chronic condition per capita in the US. The financial cost impacts three domains of financial toxicity: Material Conditions--missed work/ bankruptcy, Psychological Response--distress due to costs of care, and Coping Behaviors--taking less or skipping medications or physician appointments. These domains may be mitigated through clinical changes to help patients learn financial literacy, integrating patient screening, avoid low-value care like routine preoperative testing in low risk clinical situations, changes to the care plan to utilize generic prescriptions, or consolidation of post-operative visits with other providers to limit travel burden. Jordan Swanson discussed Achieving Activation Energy in Plastic Surgery Research, citing examples of his personal pathway to balancing research and clinical practice. He advocated quality over quantity of publications.

Two further oral abstract presentations rounded out the morning sessions before breaking for lunch.





## Tips and Tricks Panel



Dr. John Fischer, Dr. Jesse Goldstein, Dr. Sameer Patel, and Dr. Jason Wink all participated in a Tips and Tricks Panel

## Annual Business Meeting



Following the Annual Business meeting, Dr. Jesse Goldstein passed the RHIS gavel to Dr. John Fischer. Dr. David Leber, Past President and the fourth Historian, was in attendance and recalled how he designed and carved the gavel from a fallen walnut tree from the estate of Dr. Bill Graham III, also a past President.

## ABPS Update was delivered virtually.



**ASPS Update** Dr. Scott T Hollenbeck highlighted critical issues in 2023 including Breast Implant Safety; BIA-ALCL, BIA-SCC, BII, Flap-Based Breast Reconstruction, ADM Breast Surgery, Gluteal Augmentation with Fat (BBL), Surgical Care for Transgender Individuals, Access to Care in Rural Areas and Promoting Innovation.

## Oral abstracts



## Key Note Address



The Keynote address on Leadership and Mentorship, was given by Dr. L. Scott Levin. He quoted Colin Powell stating *“The day people stop bringing you their problems is the day you have stopped leading them. They have either lost confidence that you can help or concluded you do not care. Either case is a failure of leadership”*. Dr. Levin discussed his personal leadership journey and style and ended his talk with personal video vignettes from some of his mentees.

## Social Hour





**Awards**



**2nd Place Basic Science:** Taylor Clegg, Penn State Hershey Medical Center, *Breast Cancer Risk and Screening Rates in Female-To-Male Transgender Patients*



**1st Place Clinical:** Nicolás Kass, University of Pittsburgh Medical Center, *An Evaluation of the Accuracy and Efficiency of the Operative Use of Mixed Reality within Frontal Sinus Setback*



**1st Place Basic Science:** José Antonio Arellano, MD, University of Pittsburgh Medical Center, *Development of an Innovative Device to Enable On-Site Cryopreservation of Lipoaspirates to Be Used in Repeat Procedures*



**2nd Place Clinical:** Pooja Humar, University of Pittsburgh Medical Center, *Topical Spironolactone Promotes Epithelialization in Full-Thickness Wounds*



**The George Manstein, MD Award – Overall 1st Place:** Yadira Villalvazo, MD, University of Pittsburgh Medical Center, *Single-Stage Burn Reconstruction: A Paradigm Shifting Approach to Improve Epithelialization and Volume Loss*



President John Fischer, MD presents Immediate Past President Jesse Goldstein with the Ivy tie.